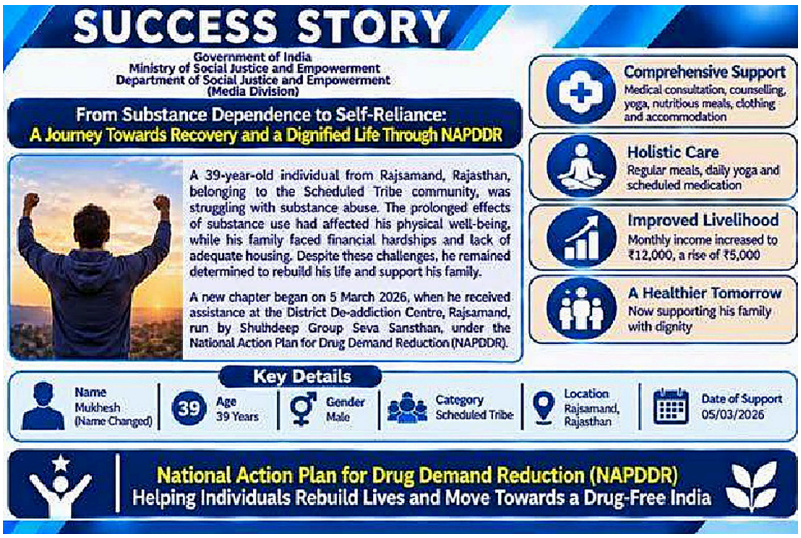
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RNI No.TNBIL/2021/81709
Daily Morning Newspaper
The Truth

RS Polyclinic

From Substance Dependence to Self-Reliance



CHENNAI – 12 Nov, 2026 The journey of Mukesh (name changed) reflects how accessible de-addiction services, medical care, counselling and sustained rehabilitation support through NAPDDR, helps individuals rebuild their lives and achieve economic self-reliance.

Through National Action Plan for Drug Demand Reduction (NAPDDR), the Government of India continues to strengthen de-addiction and rehabilitation services, supporting the vision of a healthier society and a drug-free India.

Mukesh, a 39-year-old individual belonging to the Scheduled Tribe community from Rajsamand district of Rajasthan faced significant physical and financial challenges due to substance abuse. The prolonged effects of substance use had affected his physical well-being, causing bodily discomfort and pain in his joints and hands.

Coming from a financially vulnerable family, he had received education up to the high school level. His family also faced difficulties in securing adequate housing and meeting basic necessities. Despite these challenges, he aspired to establish himself professionally and improve the living conditions of his family.