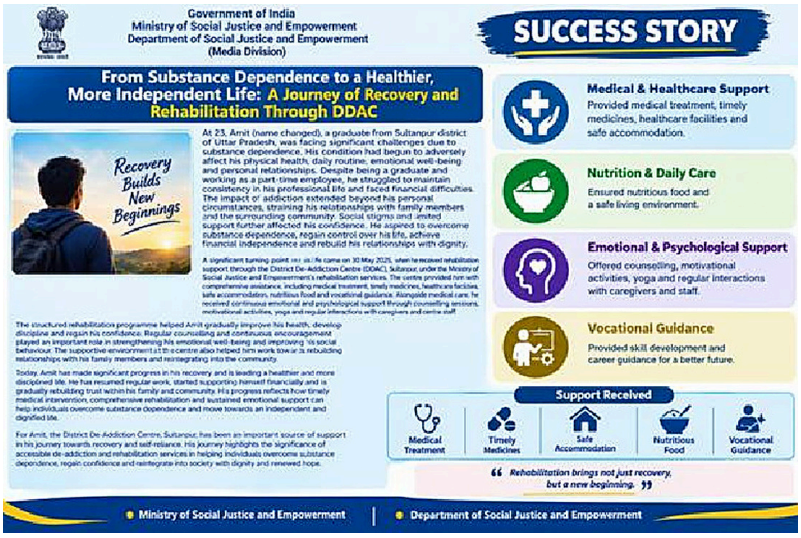
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RS Polyclinic

From Substance Dependence to a Healthier, More Independent Life



CHENNAI – 6 Nov, 2026 For Amit 23 year Amit (name changed), the District De-Addiction Centre, Sultanpur, Uttar Pradesh has been an important source of support in his journey towards recovery and self-reliance. His journey highlights the significance of accessible de-addiction and rehabilitation services in helping individuals overcome substance dependence, regain confidence and reintegrate into society with dignity and renewed hope.

Amit, a graduate from Sultanpur district, was facing significant personal, social and financial challenges due to substance dependence. His condition had begun to adversely affect his physical health, daily routine, emotional well-being and personal relationships.

Despite being a graduate and working as a part-time employee, he struggled to maintain consistency in his professional life and faced financial difficulties. The impact of addiction extended beyond his personal circumstances, straining his relationships with family members and the surrounding community.

Social stigma and limited support further affected his confidence and ability to lead a stable life. He aspired to overcome substance dependence, regain control over his life, achieve financial independence and rebuild his relationships with dignity.