

Ima Tambaram to Organise Namma Health Mega Expo 2026, Featuring 26 Themed Medical Pavilions



Chennai, 13 Oct 2026: As part of its gold jubilee celebrations, the Indian Medical Association (IMA), Tambaram, will organise Namma Health Mega Expo 2026, a three-day public health exhibition themed 'Together for a Healthier Tomorrow', from 17 to 19 October 2026 at West Tambaram, with the aim of promoting public health awareness and well-being.

Thiru D. Sarath kumar, Hon'ble Minister for Human Resources Management, Government of Tamil Nadu, is scheduled to inaugurate the expo in the presence of Dr. K. M. Abul Hasan, Hon'y. Secretary General-Elect, IMA Headquarters. The event will be attended by Dr. B. Sridhar, President, IMA Tamil Nadu State Branch; Dr. M. Thiraviam Mohan, Honorary State Secretary, IMA Tamil Nadu State Branch; Dr. J. A. Jayalal, President, Commonwealth Medical Association and Past National President, IMA; and Dr. M. Veerappan, I.A.S., District Collector, Chengalpattu District.

The expo will feature 26 themed pavilions covering every field of medicine - from the basic medical sciences, to specialties and super specialties including neurology, obstetrics & gynaecology, and cardiology. These pavilions will offer curated health-awareness sessions for families, students and senior citizens, along with live demonstrations throughout the day to guide visitors on various aspects of healthcare and preventive health. The expo is expected to attract 8,000 to 10,000 visitors every day. Six medical colleges, nearly 50 hospitals and around 300 to 400 doctors will participate in the event.

A major attraction at the venue will be a 42-foot-tall medical-themed Navaratri Golu that uniquely blends the cultural tradition of Navaratri Golu with the themes of medicine and healthcare.

In her comments, Dr. L. Yesodha, Presi dent, IMA - Tambaram, said, “The expo will provide a valuable opportunity for the public to understand their health better and take informed steps towards a healthier life. Visitors can benefit from essential health checks, including blood pressure, blood sugar, cholesterol, haemoglobin and BMI assessments, along with awareness sessions on anaemia and PCOS. The expo will also feature practical demonstra tions, including CPR and Automated External Defibrillator (AED) use, hands-on CPR training, and a simple two-minute self-check to identify potential diabetic foot problems.

Each health pavilion will focus on a specific disease, organ or health concern, presenting medical information in a simple and accessible manner. Covering areas from heart health, diabetes and cancer awareness to mental health, women's wellness, immunisation, emergency care and organ donation, the pavilions aim to promote preventive healthcare, dispel misinformation and empower the public to make informed health decisions."

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